



TORTOISE TIDBITS


*Indian
Walk
veterinary
center*

INGREDIENTS:

Vegetables (85%) – Majority should be dark green leafy types

- ◇ Mustard, Collard, Radish, Turnip greens
- ◇ Kale, Cabbage, Bok-choy, Broccoli, Cauliflower
- ◇ Grasses, Clovers, Legumes, Dandelions, Weeds (untreated lawn only!)
- ◇ Mulberry and Grape leaves, Roses, Nasturtiums, Hibiscus, Carnation flowers
- ◇ Cured Alfalfa or Timothy hay, soaked alfalfa pellets
- ◇ Thawed frozen mixed veggies, Green pepper, Radishes, Summer and Winter squash, Soy Bean sprouts, Jicama

Fruits (10-20%)

- ◇ Grapes, Strawberries, Raspberries
- ◇ Apples, Pears, Peaches, Plums, Nectarines
- ◇ Oranges, Bananas, Mangos, Melons, Tomatoes
- ◇ Dates, Prickly Pear fruit

High Protein Foods (<5%)

- ◇ Dry maintenance dog food
- ◇ Parrot chows
- ◇ Scrambled or hard-boiled eggs with shells
- ◇ Sardines with bones
- ◇ Grape Nuts, Bran flakes, Crisped rice, Corn flakes

PREPARATION:

Dust food with Calcium supplement at every feeding.
Dust with multivitamin powder 1 to 2 times weekly.

